

The ELEPHANT in everyone's lounge by Gary Bate

Of course you can just tell people to 'go inside' and know themselves and that they'll be happy or find joy if they do that; but there's much more to it than that – there's layers of conditioning built up around people and all the layers have to be peeled back before the true self can be known and experienced. It's like peeling an onion to get to the core..

Mind control is the elephant in the room that most people never see..

My father once had a go at me over my lack of achievement in life and my retort was, “so what have you achieved?” He said, “I have a family”. To that simple man; that was everything to him. But to me, there was nothing remarkable about that, as most people shag and bring up children..

He also taught me to pay my last respects at funerals, so I went to his funeral for that purpose; but did I really respect him? Do we really respect the people who we pay our last respects to? Or is the 'payment of last respects' a part of human conditioning (Mind Control)? It's a difficult subject but someone has to say it!

When a person dies, they leave immediately and there's only a dead carcass left. They're gone and we never see them again, yet we visit their bones or ashes in graveyards and remember them. Why?

I'll tell you why – because you still think you are a body; you have not *accepted* that you're Spirit.

Lamenting over dead bodies is plain stupid.

I'm giving you an example of me trying to peel your onion. You aint liking it, because the nature of your image (all of your conditioning), is it likes to be stroked rather than annihilated. But you see, you have to peel your onion to get to the golden nugget inside of you!

Stroking a person's strengths is not helping them. But giving them understanding that turns their weaknesses into strenghts is helping them. We don't need any more encrustations around our golden nuggets; we need to chisel them away!

Do you know why you get angry? I'll tell you why - because you don't understand.

If you want a person to lead you down the garden path to a dead end, there's plenty of idiots around who will take your money.

If you want to experience your divine, deeper self; you have to do the work of peeling your onion. It's a very personal thing and going within is just the first step. The second step is realising you're your own guru. The third step is getting a sharp knife and start peeling away at all of your conditioning. You have been subjected to mind control and I'm trying to wake you up from that..

We've all been sold down the river and it's nothing to be ashamed of. Many a good man or woman has died because of a pack of lies. As you peel away at all of your illusions, you'll realise there really is no fight; just a bunch of rich tyrants who manipulate everything and everyone..

Beautiful people are used as cannon fodder, just because a tyrannical family wants to be in total control of the planet. This is why this planet is crippled. This is the real sickness here ~ Gary Bate.

<https://whatstress.com/>